



Help Misawa – Conserve Power/Water/Fuel/Resources

Energy Conservation



Energy Conservation

Mission - Leadership - Community



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Energy Conservation Temperature Settings



- Maximize the use of natural ventilation as temperatures rise this summer
- Ensure doors and windows are closed at all times if your heat or air conditioning is operational



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Lighting



- Use natural (ambient) lighting—open blinds & turn off lights
- Turn outdoor lights off during daylight
- Turn off all lights in unoccupied areas
- Use compact fluorescent bulbs. These free bulbs are available at Self Help for military family housing residents. Please call them for details



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Energy Conservation **Electronics**



- When not used, **unplug** computers, monitors, printers, copiers, stereo components, game consoles etc.
- Power strips work great and make this easier for you!



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Energy Conservation Transportation



- Maximize use of bikes, walking or motorcycles
- Check your tire pressure twice a month. Improper tire inflation can increase fuel consumption by 1% for every 2 psi under normal
- Keep your engine tuned. This includes regular oil and air filter changes
- **It costs less to restart your vehicle than it does to idle for 10 seconds**



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Energy Conservation **YOU CAN HELP**



More energy is used during the peak hours of 10 a.m. to 12 p.m. and from 5 p.m. to 8:30 p.m.

During these times please limit use of washers, dryers and dishwashers. Use only one computer or television, turn heat down and minimize use of lighting